
ENTREES

Seared Salmon

Served with a Crispy Cucumber Salsa, Fresh Broccoli and Rice

Jumbo Lump Crab Cake

Crab Cake Served with Fresh Spinach and Garlic Mashed Potato Drizzled with a White Wine Cream Sauce

Chicken Marsala

Chicken Sautéed with Onions, Mushrooms and Marsala Wine.
Served with Rice or Garlic Mashed Potatoes

Shrimp Alfredo

Rich and Creamy Alfredo Sauce, with Fettuccini and Broccoli

Thai Shrimp

Stir Fried Shrimp and Vegetables with Linguini and Asian Style Sauce

New York Strip Steak

Served Medium with Sautéed Mushrooms, Onions and Red Peppers on Top of Garlic Mashed Potatoes

Tuscan Grilled Chicken

Tuscan Grilled Chicken Breast with a Chablis Sauce.
Served with Rice and Topped with Pepper Confit

From Our African Kitchen

Cabbage Stew with Chicken & Smoked Turkey

Served with Rice

Fried Rice with Fish or Chicken Gravy

Collard Greens Cooked with Smoked Turkey, Chicken & Beef

Dry Rice with Fried or Baked Fish

Okra Stew

Served with Rice

Oxtail Stew

Beef Sautéed in Onion, Carrot & Peppers

DESSERTS

Cheesecake

Drizzled with Strawberry Sauce and a Dallop of Whip Cream

Bread Pudding

Served with a Creamy Rum Raisin Sauce

Chocolate Cake

Placed on a Puddle of Fresh Raspberry Sauce Garnished with Fresh Seasonal Berries

TASTEFULLY
— *Effie's* —

Call Today and Ask About Our Catering Services

Phone: 302.367.8340 • www.tastefullyeffies.com

Authentic African Cuisine

HORS D'OUVRES

Stuffed Mushroom with Crab and Onion

Deviled Eggs

Mozzarella Sticks with Marinara Sauce

Crab Balls

Pigs in a Blanket

Spicy Hot Wings

Smoked Turkey and Ham Wraps

Fresh Fruit Display

Vegetable Spring Rolls

Pepper Chicken Sauté

Plantains

Rice Bread

Baked Jerk Wings

Vegetable Crudités with Dip

SIDE DISHES

Steamed Broccoli

Sautéed Broccoli with Garlic Butter Sauce

Red Skin Mashed Potatoes

Roasted Tuscan Vegetables

Broccolini, Red Pepper Medley

Roasted Zucchini and Yellow Squash

Roasted Red Potatoes with Onion, Parsley and Sherry

SOUPS

Cream of Potato Soup

Chicken Noodle Soup

Vegetable Soup

SALADS

Caesar

Chicken Caesar

Garden Salad

Mixed Greens Salad

with Balsamic Reduction

Potato Salad

Nicoise Salad

WRAPS

Stir Fried Vegetarian Wrap

with Lettuce and Tomato in a Spinach Wrap

Effie's Chicken Salad Wrap

with Lettuce and Tomato in a Plain Wrap

Chicken Caesar Wrap

in a garlic herb wrap

Turkey Wrap

with Honey Mustard, Swiss Cheese,
Lettuce and Tomato in a Basil Wrap

SANDWICHES

Grilled Turkey and Blue Cheese Sandwich

with Caramelized Onion on a Ciabatta Roll

Vegetarian Sandwich

Roasted Peppers Zucchini and Spinach with a
Boursin Cheese on a Marble Rye Bread

Turkey Club

with American Cheese on Sourdough Bread

Roast Beef Sandwich

with Horseradish Mayo, Lettuce and Tomato